To search for information, you need to devise a search strategy. Do not be intimidated! This is not hard. You just need to follow the steps below. This will save you time and frustration!

1. **Write your topic** in the form of a question or statement that your research project will address. No really! Get out some paper and write it down, or open a Word document and type it out. (Don't assume you will remember it--you have a lot going on in your life so write it down!)

   Does physical education during the school day assist students in the learning process?

2. Now, **pick out the main words** in the question or statement. You can either circle them or highlight them.

   Does physical education during the school day assist students in the learning process?

3. **Write them down separately**, with space in between each word, or each group of words.

   physical education     school day     assist     students     learning process

4. Do any of them have **synonyms** (words that mean the same thing)? If so, write them down underneath the word.

   physical education     school day     assist     students     learning process
   exercise              classroom         contribute    children     learning

   movement              young adults

5. If you need to, **further define the keywords**. For instance, do you want to focus on a particular grade level or age of students? Do you want to focus on a particular subject area?

6. Now, **combine the terms** by connecting them using Boolean operators (**AND, OR, NOT**). You will also need to "nest" some terms with parenthesis or quotes.

   ("physical education" OR exercise) AND contribution AND "young adults" AND learning

7. Need more help, **contact me**. I love doing this kind of thing!! It is one of the things Librarians are good at, so use our expertise.